



Championship Meet Day One – 22/2/2025 & Day Two – 23/2/2025
 Hosted by Wodonga City Swimming Club
 At WAVES

Trophies / Awards for Day One and Day Two of Champs

Trophy Awarded	Event	Event No:	Age
Frank Fenwick Medal	Butterfly – closest to national time	(presented at O&M relay meet)	
Benjamin Pascall Memorial	Boys 50m freestyle	18	15 years
Barry Martens Memorial Trophy	Girls & Boys 100m Backstroke	31 & 32	12 years
H. Jorgensen Trophy	Boys 100m butterfly	48	12 years
H. Batey Trophy	Girls 100m butterfly	49	12 years
Gwen Miller Trophy	Girls 100m Breaststroke	120	14 years
Joes Service Station	Boys 200m Individual Medley	133	15 years & Over
Terrill Award	Girls 200m Individual Medley	134	15 years & Over
Dr Worch Trophy	Boys 100m freestyle	135	Open
G Dowling Trophy	Girls 100m freestyle	136	Open
Gwen Howard Trophy	Girls & Boys 100m Freestyle	165 & 166	12 years
Benjamin W Pascall Memorial	Overall Champion	All Events	10 years & Over

To qualify for the Championship Meet Plus Relay Championship Meet:

- Two pennant rule applies to Day 1 & Day 2 of O&M Championships, one pennant rule for the Relay Championships.
- All three championship days must be swum for the same club.
- No transfer of clubs between individual championships and relay championships.
- Age is as of 22nd February 2025 for all three championship days
- Cost is \$5.00 per event
- Entries to be submitted online via Swim Central
- **Entries close Tuesday 18th February at 8:00pm**
- **QUALIFYING TIMES SHOULD BE STRICTLY ADHERED TO. Failure to swim within qualifying time without proof will incur a \$10 fine. Refer to the attached Qualifying times.**
- Swimmers with disability may enter able bodied events if they meet the applicable QT for that event, refer attached schedule.
- Dress Code requirements for Medal Presentation for all three Championships Days – Club T shirt & shorts to be worn – Footwear optional – No Towels
- World Aquatics swimsuit policy applies – see SV competition by laws for further information.
- 11 years and under Bather Rule applies – see SV competition by laws for further information.
- Benjamin W Pascall Memorial trophy is awarded to the swimmer who successfully competes in the most events. If there is a tie, points are counted, if still a tie, number of placings will be used.

LATE ENTRIES WILL NOT BE ACCEPTED

Day One – Events to be swum in this order – Warmup 12:30pm Start: 1:30pm

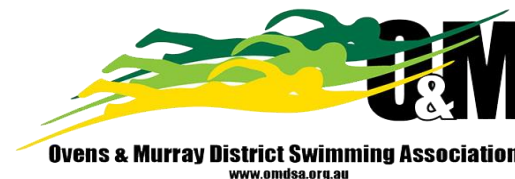
Boys	Girls	Age	Stroke	Distance	Notes
1	2	Open	Breaststroke	200 metres	
3		Multi Class	Freestyle	50 metres	
4	5	8 years & under	Freestyle	50 metres	
6	7	9 years	Freestyle	50 metres	
8	9	10 years	Freestyle	50 metres	
10	11	11 years	Freestyle	50 metres	
12	13	12 years	Freestyle	50 metres	
14	15	13 years	Freestyle	50 metres	
16	17	14 years	Freestyle	50 metres	
18	19	15 years	Freestyle	50 metres	Trophy – Boys: Benjamin Pascall
20	21	16 years	Freestyle	50 metres	
22	23	17-34 years	Freestyle	50 metres	
24	25	35 years/over	Freestyle	50 metres	
26		Multi Class	Backstroke	50 metres	
27	28	10 years/under	Backstroke	100 metres	
135	136	Open	Freestyle	100 metres	Heats (Finals to be swum Sunday)
29	30	11 years	Backstroke	100 metres	
31	32	12 years	Backstroke	100 metres	Trophy – Boys/Girls – Barry Martens
33	34	13 years	Backstroke	100 metres	
35	36	14 years	Backstroke	100 metres	
37	38	15 years	Backstroke	100 metres	
39	40	16 years	Backstroke	100 metres	
41	42	17-34 & 35/Over	Backstroke	100 metres	
43		Multi Class	Butterfly	50 metres	
44	45	10 years & under	Butterfly	100 metres	
46	47	11 years	Butterfly	100 metres	
48	49	12 years	Butterfly	100 metres	Trophy – Boys: H. Jorgensen Girls: H. Batey
50	51	13 years	Butterfly	100 metres	
52	53	14 years	Butterfly	100 metres	
54	55	15 years	Butterfly	100 metres	
56	57	16 years	Butterfly	100 metres	
58	59	17-34 & 35/Over	Butterfly	100 metres	
60	61	Open	Freestyle	200 metres	
62		Multi Class	Breaststroke	50 metres	
63	64	8 years & under	Breaststroke	50 metres	
65	66	9 years	Breaststroke	50 metres	
67	68	10 years	Breaststroke	50 metres	
69	70	11 years	Breaststroke	50 metres	
71	72	12 years	Breaststroke	50 metres	
73	74	13 years	Breaststroke	50 metres	
75	76	14 years	Breaststroke	50 metres	
77	78	15 years	Breaststroke	50 metres	
79	80	16 years	Breaststroke	50 metres	
81	82	17-34 years	Breaststroke	50 metres	
83	84	35 years/over	Breaststroke	50 metres	
85	86	14 years/under	Freestyle	400 metres	

Day Two – Events to be swum in this order – Warmup 9:30am Start 10:30am

Boys	Girls	Age	Stroke	Distance	Notes
87	88	Open	Backstroke	200 metres	
89	90	8 years & under	Butterfly	50 metres	
91	92	9 years	Butterfly	50 metres	
93	94	10 years	Butterfly	50 metres	
95	96	11 years	Butterfly	50 metres	
97	98	12 years	Butterfly	50 metres	
99	100	13 years	Butterfly	50 metres	
101	102	14 years	Butterfly	50 metres	
103	104	15 years	Butterfly	50 metres	
105	106	16 years	Butterfly	50 metres	
107	108	17-34 years	Butterfly	50 metres	
109	110	35 years/over	Butterfly	50 metres	
111	112	10 years & under	Breaststroke	100 metres	
113	114	11 years	Breaststroke	100 metres	
115	116	12 years	Breaststroke	100 metres	
117	118	13 years	Breaststroke	100 metres	
119	120	14 years	Breaststroke	100 metres	Trophy – Girls: Gwen Miller
121	122	15 years	Breaststroke	100 metres	
123	124	16 years	Breaststroke	100 metres	
125	126	17-34 & 35/Over	Breaststroke	100 metres	
127	128	10 years & under	Ind. Medley	200 metres	
129	130	11/12 years	Ind. Medley	200 metres	
131	132	13/14 years	Ind. Medley	200 metres	
133	134	15 years/over	Ind. Medley	200 metres	Trophy – Boys: Joe's Service Station Girls: Terrill award
Lunch Break					
135	136	Open – Final top 8	Freestyle	100 metres	Trophy: Boys – Dr. Worch Girls – G. Dowling
137	138	8 years & under	Backstroke	50 metres	
139	140	17-34 years	Backstroke	50 metres	
141	142	16 years	Backstroke	50 metres	
143	144	15 years	Backstroke	50 metres	
145	146	14 years	Backstroke	50 metres	
147	148	13 years	Backstroke	50 metres	
149	150	9 years	Backstroke	50 metres	
151	152	10 years	Backstroke	50 metres	
153	154	11 years	Backstroke	50 metres	
155	156	12 years	Backstroke	50 metres	
157	158	35 years/over	Backstroke	50 metres	
159	160	Open	Butterfly	200 metres	
161	162	10 years & under	Freestyle	100 metres	
163	164	11 years	Freestyle	100 metres	
165	166	12 years	Freestyle	100 metres	Trophy – Boys & Girls: Gwen Howard
167	168	17-34 & 35/Over	Freestyle	100 metres	
169	170	16 years	Freestyle	100 metres	
171	172	15 years	Freestyle	100 metres	
173	174	14 years	Freestyle	100 metres	
175	176	13 years	Freestyle	100 metres	
177	178	15 years/over	Freestyle	400 metres	

See Separate Flyer for Championship Relay Meet

2025 OVENS & MURRAY LONG COURSE CHAMPIONSHIPS



QUALIFYING TIMES

Qualifying Period: Times must have been achieved since 1/02/2023

MEN

Distance	Open	35 & Over	17 - 34 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years	10 Years	9 Years	8 & Under
FREESTYLE												
50m		45.00	38.00	34.00	38.00	40.00	45.00	50.00	55.00	58.00	1:00.00	1:05.00
100m	1:10.00	1:30.00	1:20.00	1:20.00	1:30.00	1:40.00	1:45.00	1:50.00	1:55.00	2:05.00	2:05.00	2:05.00
200m	3:08.00											
400m		5:30.00	5:30.00	5:30.00	5:30.00	5:45.00	5:45.00	5:45.00	5:45.00	5:45.00	5:45.00	5:45.00
BACKSTROKE												
50m		50.00	48.00	45.00	48.00	52.00	55.00	58.00	1:00.00	1:05.00	1:08.00	1:10.00
100m		1:50.00	1:38.00	1:35.00	1:45.00	1:48.00	1:52.00	1:55.00	2:00.00	2:10.00	2:10.00	2:10.00
200m	3:00.00											
BREASTSTROKE												
50m		1:05.00	45.00	48.00	52.00	55.00	58.00	1:05.00	1:10.00	1:12.00	1:15.00	1:18.00
100m		2:05.00	1:55.00	1:50.00	1:50.00	1:58.00	2:00.00	2:05.00	2:10.00	2:15.00	2:15.00	2:15.00
200m	3:40.00											
BUTTERFLY												
50m		45.00	42.00	40.00	45.00	52.00	55.00	58.00	1:00.00	1:10.00	1:15.00	1:15.00
100m		1:50.00	1:45.00	1:40.00	1:42.00	1:45.00	1:48.00	2:00.00	2:05.00	2:10.00	2:10.00	2:10.00
200m	3:00.00											
INDIVIDUAL MEDLEY												
200M		2:55.00	2:55.00	2:55.00	2:55.00	3:10.00	3:10.00	3:45.00	3:45.00	3:58.00	3:58.00	3:58.00

There will be no qualifying times for the Multi-Class events at the Ovens & Murray Championships, we hope that this will engage participation across all members and promote inclusion in competitive swimming.

2025 OVENS & MURRAY LONG COURSE CHAMPIONSHIPS



QUALIFYING TIMES

Qualifying Period: Times must have been achieved since 1/02/2023

WOMEN

Distance	Open	35 & Over	17 - 34 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years	10 Years	9 Years	8 & Under
FREESTYLE												
50m		45.00	42.00	36.00	38.00	40.00	45.00	52.00	55.00	58.00	1:00.00	1:05.00
100m	1:12.00	1:30.00	1:28.00	1:20.00	1:32.00	1:40.00	1:45.00	1:50.00	1:55.00	2:05.00	2:05.00	2:05.00
200m	3:15.00											
400m		6:00.00	6:00.00	6:00.00	6:00.00	6:15.00	6:15.00	6:15.00	6:15.00	6:15.00	6:15.00	6:15.00
BACKSTROKE												
50m		50.00	50.00	45.00	50.00	52.00	55.00	58.00	1:00.00	1:05.00	1:08.00	1:10.00
100m		1:50.00	1:38.00	1:35.00	1:45.00	1:48.00	1:52.00	1:55.00	2:00.00	2:10.00	2:10.00	2:10.00
200m	3:15.00											
BREASTSTROKE												
50m		1:00.00	48.00	48.00	52.00	55.00	58.00	1:05.00	1:10.00	1:12.00	1:15.00	1:18.00
100m		2:00.00	1:55.00	1:50.00	1:55.00	1:58.00	2:00.00	2:05.00	2:10.00	2:15.00	2:15.00	2:15.00
200m	3:55.00											
BUTTERFLY												
50m		48.00	45.00	42.00	50.00	52.00	55.00	58.00	1:00.00	1:10.00	1:15.00	1:15.00
100m		1:50.00	1:45.00	1:40.00	1:42.00	1:45.00	1:48.00	2:00.00	2:05.00	2:10.00	2:10.00	2:10.00
200m	3:15.00											
INDIVIDUAL MEDLEY												
200M		3:10.00	3:10.00	3:10.00	3:10.00	3:20.00	3:20.00	3:40.00	3:40.00	3:58.00	3:58.00	3:58.00

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