



Conducted under the rules of Swimming Australia and Swimming Victoria
3rd Southern Pennant - Hosted by Mt Beauty

Date of Meet: 17th December 2023 Venue: Mt Beauty

Warm Up: 10:00am Meet Start: 11:00am

Entries close Thursday 14th December 2023 at 8:00pm via Team Manager

| M | F | Age | Distance | Stroke |
|-------|----|----------|----------|--|
| 1/2/3 | | All Age | 198m | BBB (Choice of Back/Breast/Butterfly) |
| 4 | | 10/Under | 33m | Butterfly - aided |
| 5 | 6 | All Age | 33m | Butterfly |
| 7 | 8 | All Age | 66m | Butterfly |
| 9 | 10 | All Age | 99m | Butterfly |
| 11 | | 10/Under | 33m | Backstroke - aided |
| 12 | 13 | All Age | 33m | Backstroke |
| 14 | 15 | All Age | 66m | Backstroke |
| 16 | 17 | All Age | 99m | Backstroke |
| 18 | 19 | All Age | 132m | Individual Medley |
| 20 | 21 | 8/Under | 4 x 33m | Back/Free Relay |
| 22 | 23 | 10/Under | 4 x 33m | Medley Relay |
| 24 | 25 | 12/Under | 4 x 33m | Medley Relay |
| 26 | 27 | 14/Under | 4 x 66m | Medley Relay |
| 28 | 29 | 16/under | 4 x 66m | Medley Relay |
| 30 | 31 | All Age | 4 x 66m | Medley Relay |
| 32 | | 10/Under | 33m | Breaststroke - aided |
| 33 | 34 | All Age | 33m | Breaststroke |
| 35 | 36 | All Age | 66m | Breaststroke |
| 37 | 38 | All Age | 99m | Breaststroke |
| 39 | 40 | All Age | 198m | Freestyle |
| 41 | | All Age | 396m | Freestyle |
| 42 | | 10/Under | 33m | Freestyle - aided |
| 43 | 44 | All Age | 33m | Freestyle |
| 45 | 46 | All Age | 66m | Freestyle |
| 47 | 48 | All Age | 99m | Freestyle |
| 49 | 50 | 8/Under | 4 x 33m | Freestyle Relay |
| 51 | 52 | 10/Under | 4 x 33m | Freestyle Relay |
| 53 | 54 | 12/Under | 4 x 33m | Freestyle Relay |
| 55 | 56 | 14/Under | 4 x 66m | Freestyle Relay |
| 57 | 58 | 16/Under | 4 x 66m | Freestyle Relay |
| 59 | 60 | Open | 4 x 66m | Freestyle Relay |

- Swimmers may swim in a maximum of 4 individual events of their choice – any combination of strokes/distances – this means you may swim 25m free/50m free / 100m free / 200m free in the one day and receive points for each swim
- You may swim in 2 relays
- Can Coaches/parents/race secretaries please be mindful of what swimmers are capable of swimming.
- Age as at: 1st October 2023 - Points awarded to the following Age Groups.
8 & under/ 9 years/ 10 years/ 11 years/ 12 years/ 13 years/ 14 years/ 15 years/ 16 years/ 17 - 34, and 35 & over.
- **Team Manager entries to be submitted by 8:00pm, Thursday 14th December by email to entries.omdsa@gmail.com**
- **For all enquiries please contact: entries.omdsa@gmail.com**